

STELLA AZZURRA

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Education and Training

- 2012 **Somatic Practice into Solo making** with Rosalyn Maynard, Devon; **Body and Earth** intensive at Schumacher College (Devon) with Andrea Olsen and Caryn McHose
- 2010-2011 **Authentic Movement and Therapeutic Presence Certificate course** with Linda Hartley at the Institute for Bodywork and Movement Therapy (IBMT), Norfolk.
- 2004-2007 **BA (Hons) First class in Dance Studies**, Middlesex University, London
- 2001-2006 Training in **Butoh** with Masaki Iwana, Atsushi Takenouci, Alessandro Pintus, Italy
- 1994-1999 **Diploma in Literature**, Italy

Further Training

- 2013 **Level 2 Certificate in Mental Health Awareness**
- 2012 One day training with Arts for Health Cornwall - **Memory Cafes and Dementia**;

One day training with Cornwall Neighbourhood for Change - **Leading outdoor activities for different age groups**.
- 2011 One day training with Arts for Health Cornwall - **Creativity and Mental Health**.
- 2010 One day training with SENSE - Volunteering with young people with learning disabilities and visual impairment.

Awards and Scholarships

- 2007 Scholarship from University of Kent to attend an MPhil in Drama Practice as Research
- 2010 Dance Card for professional development, The Works, Dance and Theatre Cornwall.
- 2010 TRI, creative mentoring for professional development, Dance South West.
- 2011 CPD - Teaching in primary settings offered by the Works, Keap, Falmouth University

Work Experience

- 2014 I have taught **Butoh inspired workshops** in St Cleer primary school and Torpoint Youth Center as part of a Cornish-Japanese project developed by Play it Again Theatre Company.
- 2013 I have worked as a **Dance Leader Assistant** for the 'DANCE 2013' project by Keap and DR2, within primary schools, assisting the delivery of dance workshops and the making of a school performance in Telissick Gardens, Cornwall.
- 2012-ongoing I work part-time as a **Support Worker** in residential homes, caring for adults with autism and learning disabilities.
- 2008-ongoing I work as an **Independent dance artist and bodywork practitioner**, *leading creative workshops and classes for adults in community settings*. Classes aim to enhance body awareness by achieving a more efficient connection between the body and mind in movement.
- March 2007 I have assisted London-based **arts and community centre movingartsbase** in *administrative work* (diary management, reception, post, bookings, setting up studios, invoices database updating) and initial development of a community project, for the promotion of community dance classes for children with learning disabilities in the Islington area of London.
- 2005-2006 I have supported the main tutor in *dance classes for adults with vision impairment*. The project under the name of Monday Moves is run by the **Royal Opera House**. I have learnt to deal with the physical and psychological needs of this specific client-group, using touch and tone of voice as a teaching tool.

Performance work

- 2014 ***Improvisation#1*** with musician Matt Davis, New Mawn Hay, **Hay studio, Wadebridge**
- 2013 ***The Living*** a work by Emmalena Fredriksson, performer; ***Stones are vaporising*** solo at the **Hay studio, Wadebridge**
- 2012 ***The Living*** a work by Emmalena Fredriksson, performer, **Gaining Ground, Burrell Theatre;**
- 2011 ***Paper cages, Mother!*** duet with musician Matt Davis performed at the **Burrell Theatre, Truro** for 'Gaining Ground' and **Teatro Forte, Rome;**
- 2011 ***Trace Garment*** with Sarah Jarvis and Jamie Mills (*Strata collective*), at 'Gather', **Resurgence Festival, Constantine, Cornwall;**
- 2011 ***Goss Moor A'gas Dynergh***, commissioned by The WORKS for the FAL River Festival, Falmouth;

- 2010 ***Fugitive Moments*** Dance improvisation with musician Matt Davis, Zed Shed, Penryn;
- 2010 ***Loscena*** solo work about the passage to adulthood, Festival of dance and theatre research 'Effetti di Movimento', Rome;
- 2009 ***The First Rose of Summer*** solo work inspired by the book *Petrolio* by author Pier Paolo Pasolini, Mix Tape Night '09, St Austell;
- 2007 ***Föhn*** Dance Improvisation with musician Matt Davis, Nolias Gallery, London, April 2007 and Middlesex University, June 2007;
- 2004 **Model for live sculpture/installation** by artist Seb Patane, Lawrence O'Hana Gallery, London;
- 2003 **Actress** in Pinter's *Mountain's Language*, director M. Cardinali, Ass. Cult. Controchiave Production, Rome

Memberships and Insurance

Member of People Dancing - Foundation for Community Dance

Public Liability Insured

CRB checked

Interests

Gardening, Meditation, Buddhism, Walking in natural environments.